

FILLER AFTERCARE

Gently apply cool packs and take Tylenol/Motrin for any discomfort. Zyrtec/Zantac can be taken for swelling.

No strenuous activity for 24-48 hours, and anything that causes your body temperature to rise (sun exposure, tanning beds, saunas, hot tubs etc)

Wait a minimum of 4 hours before applying cosmetics or moisturizer to the treated area.

Sleep with head elevated to reduce swelling and avoid laying directly on the treated area for 3-5 days.

Results will be immediate but it can take up to two weeks for swelling to subside.

Note: Lumps, bumps, or irregular, asymmetrical areas may be noted, especially once swelling has subsided. It is normal to feel these lumps and bumps; however, they should not be visible. Massage can be done at two weeks to soften lumps and bumps, but not before unless otherwise directed by your injector.

Any severe swelling, itching, redness, increasing discomfort, abnormal coloring, or discharge from the treated areas should be reported to your injector ASAP.